# LOOMIS COMMUNITY PRESCHOOL

## Upcoming LCP Events

- February 3: General Meeting- A Presentation on Early Childhood Development
- March 14th: Maintenance Day (the last one!)
- March 30-April 3rd: Spring Break
- April 7th: General Meeting
- May 2nd: Bounty of Placer County Dinner at Casque Winery

## Upcoming Community Events

- Loomis Library switched their story time to Fridays at 10:30!
- February 7: Take your Child to the Library Day at the Lincoln Public Library at Twelve Bridges
- February 7th: 17th Annual Sacramento Museum Day



# **Unplug & Play**

The California Council of Parent Participation Nursery Schools is putting on their annual conference March 20-21 in San Jose. This is a two day event intended to gather parents and educators for stimulating workshops and featured speakers both focused on child development and early-learning. The focus of this year's conference is "Unplug & Play – A Conference for Parents" intending to equip and inspire parents and educators to be aware of how to be purposeful in how to manage and use electronics with children. Interested in going? Check out the conference website: <u>https://sites.google.com/site/ unplugandplay2015/home</u>. A group of parents and teachers from LCP may be heading down there. Let us know if you are interested in going.

#### Winter

### Do you plan to read more in 2015?

Here are some great books about raising kids (all recommended by LCP teachers and parents):

- All Joy and No Fun: The Paradox of Modern Parenthood by Jennifer Senior- A book that focuses on how children affect their parents instead of how parents affect their children.
- *Bringing Up Bebe* by Pamela Druckerman- The author reflects on the differences between raising your child in France and America and offers some insight she finds in these differences.
- How Eskimos Keep Their Babies Warm: and Other Adventures in Parenting by Mei-Ling Hopgood- A book in which each chapter focuses on a different country/culture and explains how that culture approaches some aspecting of parenting.
- It's a Boy! by Michael Thomson PH.D.- Expert advice on the development, psychological, social, emotional, and academic life of boys from infancy through the teen years.
- Last Child in the Woods by Richard Louv- An argument for the necessity of direct exposure to nature for healthy development.
- Perfect Madness: Motherhood in the Age of Anxiety by Judith Warner- An honest look into the craziness of being a mother in the new millennium.
- *Raising Happiness* by Christine Carter- A book that draws on what psychology, sociology, and neuroscience have proven about confidence, gratefulness, and optimism in 10 simple steps.



