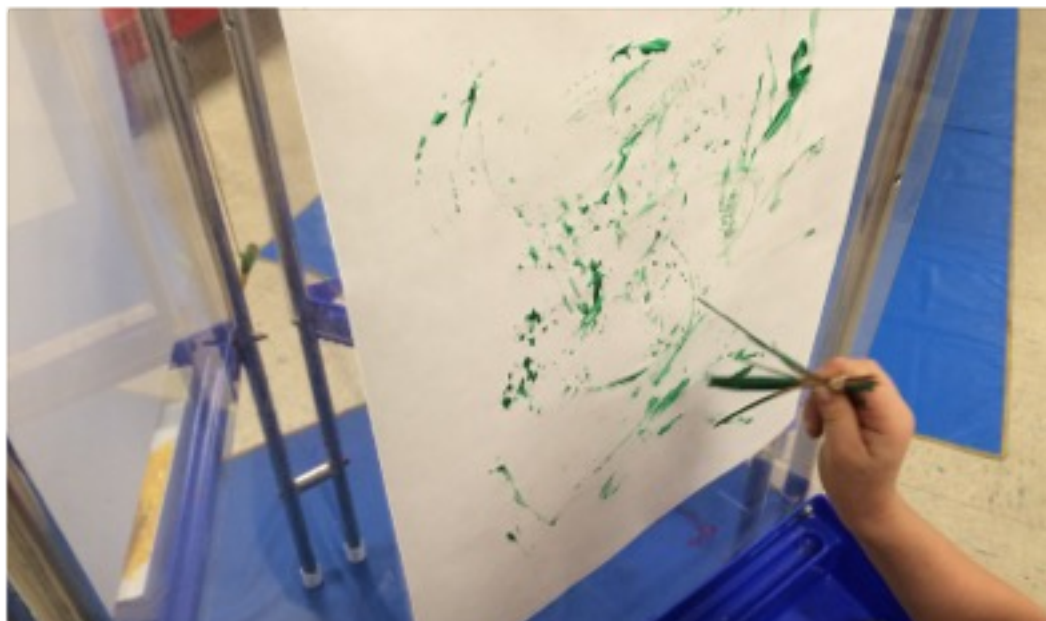


Loomis Community Preschool



Why do the kids paint with different brushes?

"Different brushes and gadgets create different effects, offering children the opportunity to experiment and explore making different lines, prints, and shapes with paint. Different sizes of brushes also invite different physical movements: large, big handled brushes or roller brushes are likely held with the entire hand and often invite the child to make big painting movements with her whole arm. Smaller, narrow brushes may invite the child to try holding a brush with his pincer grip and use smaller movements with only his wrist and hand." -Robannie Evans

Favorite Food

Sherry: Stew

Robannie: Sweet potato tacos

Favorite Sound

Sherry: Children laughing

Robannie: Quintin singing

Favorite Quote

Sherry: "Strive not to be a success, but rather be of value"
Albert Einstein

Robannie: "May you be safe. May you be healthy in body and mind. May you be happy. May you live with ease and in peace."
Loving Kindness Meditation

1

MARK YOUR CALENDAR

Winery Dinner

April 30th

2

JOIN THE BOARD

Have you considered getting more involved at LCP? Join the board of directors

3

PRESCHOOL REGISTRATION 2016-17

Beginning March 1st



6 Tips for Practicing Positive Discipline

Information taken from article by Bridget Bentz Sizer in the CCPNS Fall Newsletter 2015

1. **Understand the meaning behind the behavior.** "The most important [thing] is to realize that whatever a child does, we may label as bad, [but really] the child is doing the best he can. It's our job as parents to find out why [he is] doing it," says Naomi Aldort, the author of "Raising Our Children, Raising Ourselves,"
2. **Focus on controlling yourself—not your child.** Jim Fay, the founder of the organization Love and Logic, says, "Anger and frustration feed misbehavior," he says. Fay offers an unusual tactic for keeping your voice in check: instead of yelling that your child is doing something wrong, try singing it. Fay teaches parents what he calls the "Uh Oh" song. If a child throws a toy after he's been asked to stop, you might sing, "Uh Oh, that's sad you threw your truck again. I think it's time the truck went away."
3. **Be consistent with your expectations.** Sometimes a child might try to test the limits by arguing with the rules. When this happens, Fay suggests neutralizing negotiations by repeating one simple mantra as often as necessary: "I love you too much to argue."
4. **Give attention to the behavior you like—not the behavior you don't.** Dr. Katharine



C. Kersey, the author of "The 101s: A Guide to Positive Discipline calls this the "Rain on the grass, not on the weeds" principle.

5. **Redirect, redirect, redirect.** Kersey recommends instead offering a positive behavior to replace the misbehavior.
6. **Don't bribe.** Fay says, "the best reward for a kid is time with the parents." Kersey agrees that quality time is key to a happy, well-behaved child.

