

# Loomis Community Preschool



## Some thoughts...

My husband and I are taking a Love and Logic class given through the Loomis Koinonia Foster Homes Inc. There is so much to learn about being a better parent, but here are some concepts that are really standing out to me:

- Parenting should be fun.
- Calm down.
- You can't yell when you sing...so sing.
- Energy drains: when they are wearing you down, have an energy drain (be dramatic: fall on the ground, grab your chest, talk as though the energy is leaving your body) and then tell them they have to replenish your energy by...dusting, hanging up clothes, cleaning the windows.
- You can always come up with the consequence later. But follow through.

## Understanding Our Senses

Thanks to our great speakers at our February General Meeting. Here are some books to learn more about sensory processing:

- [Raising a Sensory Smart Child](#) by Lindsey Biel
- [The Out-of-Sync Child Has Fun](#) by Carol Kranowitz

## Save the Date!

### Softball Tournament

**March 8, 2014**

Join the LCP Softball team or create your own for this special indoor arena softball tournament. If you are interested, please contact Shane and Kim Jensen at [kmjensen81@gmail.com](mailto:kmjensen81@gmail.com).

### Art Exhibition

**January 27-February**

Natalie and Bob, new parents to our preschool, are also teachers and artists at Sierra College. They have created an art exhibit at Sierra College that is all about merging their former life of being exhibiting artists with their new life of being parents of young children. Stop by and check it [out](#).

### Graduation Date

**New Date: Friday, May 23<sup>rd</sup>, 2014**

Invite your family and enjoy a time of sending kids off to kindergarten, saying goodbye for the summer and singing along with Music Matt. Activities start at 9 am.

### May Tea

**May 17, 2014**

Be sure to sign up for a shift and let us know what dish you plan on bringing to the tea. Contact Kim or Shane for more information: [kmjensen81@gmail.com](mailto:kmjensen81@gmail.com).

## What Are We Learning?

The Loomis Community Preschool kids are officially getting comfortable. They know how the school works; they know one another's names; they know what station to visit first. Behind the scenes, the teachers are busy planning curriculum and prepping materials. After walking around the classroom with my camera one day a couple weeks ago, I came home and uploaded the pictures. While taking the pictures, I hadn't noticed. But looking through them, it became obvious: The LCP kids have taken control of their learning. They are creating learning experiences, where learning was not anticipated. Their comfort and confidence in the classroom are allowing them to go beyond the lessons intended by the teachers (or maybe not...our teachers are pretty brilliant and intentional).



They are learning to be artists. They are learning to work with adults. They are learning to clean up after themselves. They are learning to take care of their things. They are learning to ask each other questions and listen to one another. They are learning that it feels good to lift and dig and use your muscles. And, of course, they are learning that it is fun to be a princess.

